

HIGH HALSTOW & HOO

TIMETABLE **2020**



KLUK
KARATE LEADERSHIP

HOO	
TUESDAY	
ZONE 1	ZONE 2
16.30	
16.45	
17.00	
17.15	
17.30	K3 ADVANCED
17.45	
18.00	BLACKBELT
18.15	
18.30	
18.45	
19.00	LADIES ONLY
19.15	
19.30	
19.45	
20.00	
20.15	
20.30	

HIGH HALSTOW	
SATURDAY	
ZONE 1	ZONE 2
8.00	
8.15	
8.30	
8.45	
9.00	BLACKBELT
9.15	
9.30	
9.45	K3 ADVANCED
10.00	
10.15	
10.30	SPARRING
10.45	
11.00	